

Pre-Cataract Surgery Instructions

Patient Name: _____

1. If a cold, fever, or any other illness develops, please call our office immediately. You should be in the best possible health for your surgery.
2. Prior to surgery you may have a **light** breakfast (juice, coffee, toast, etc.)
3. Please take your medicines in the morning of the surgery. If you are a **DIABETIC**, please contact your family doctor for instructions on how to take your insulin on the day of surgery.
4. You do **NOT** have to stop any aspirin or blood thinning medications such as coumadin, persantine, etc. before surgery.
5. Please arrive on time. Your arrival time will be given to you by the surgery center. If you plan on not being home the day before surgery, you may call to find out your arrival time @ 818-1200. If you have not heard from the surgery center by 12 noon, call for your arrival time.
6. You must have someone take you home from the facility. You will not be permitted to leave alone. If you need transportation, our surgery coordinator, Mary Lou will try to help you. Call her at 349-5622.
7. Patients who have surgery should have someone available that night in case illness or complication occurs.
8. Your surgery stay should be between 2 to 3 hours from the time of admission. There will be a telephone available to call someone to pick you up when you are ready to leave.
9. For medical clearance visit, please wear a button down shirt and the ladies please do not wear panty hose or jewelry of any kind (interferes with accurate EKG reading).
10. In case you have to cancel surgery late, call Office @ 349-5622 **and** Surgery Center @ 818-1200.

*Pre-admission tests/clearance and scan at Surgery Center on _____
Appt. after surgery is the next day. Our office will confirm
this time in the late afternoon on your surgery day.*